

DR. RUCHITA R DIXIT MD

ASSOCIATE PROFESSOR (COMMUNITY MEDICINE)

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Career Objective

I want to pour in the best within my constraints and exploit my potential to maximum & explore new horizons wherever I am.

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- Worked as:**
- 1. Demonstrator in** Community Medicine at NKPSIMS&RC, Nagpur, **MH**, India (From June 2006-June2009)
 - 2. Assistant Professor** Community Medicine at V.C.S.G.Govt. Medical College Pauri - **Uttarakhand**, India (From Aug 2009-July 2011)
 - 3. Assistant Professor** Community Medicine at Melaka Manipal Medical College, **Malaysia** (From July 2012-June2015)
 - 4. Associate Professor** in Community Medicine, Manipal Medical College, Melaka, Malaysia (July 2015 –Nov2015)
 - 5. Assistant Professor** Community Medicine RIMS, **Raipur**, CG (Jan 2017- Sep 2017)
 - 6. Assistant Professor** Community Medicine SSIMS, **Bhilai**, CG (Sep 2017 – March2019)
 - 7. Associate Professor** Community Medicine SSIMS, **Bhilai**, CG (March 2019 – Till Date)

ACADEMIC QUALIFICATIONS:

- **M.D. in Community Medicine** from N.K.P SALVE INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER, NAGPUR, NASHIK UNIVERSITY India(2009).
- **M.B.B.S** from GMC NAGPUR, NASHIK UNIVERSITY, India(2004)

Positions held as:

- Secretary of **MCQ committee** (Manipal)
- Deputy Chairman **E-learning committee** (Manipal)
- Member **PBL committee** (Manipal)
- Member Newsletter committee (Manipal)
- Clinical Coordinator for University examination (Manipal)
- Internal Examiner for Community Medicine for University examination (Manipal)
- Member Health Committee (Manipal)
- Member of Medical Education Committee {**MEU**} (SSIMS)
- Member of **RNTCP** Core Committee (SSIMS)

Advisor/Reviewer:

- Reviewer for **PLOS ONE**
- Advisor/Reviewer for indexed Public Health Journal; **Global Journal of Medicine & Public Health**
- Member of Journal Advisory Committee of **Indian Journal of Community Health**.

Participation as expert:

- Participated as **subject expert in meeting of the Doctoral Research Committee regarding discussion on the topic of Ph.D.** in Epidemiology Under Community Medicine under the Faculty of Medical Sciences on Friday, the 11th March, 2022 at 2.00 P.M., in an On-line mode through Zoom. (DATTA MEGHE INSTITUTE OF MEDICAL SCIENCES)
- Participated twice as **judge for the students of Foundation in Science** programme for "The integrated power point presentation POWERMED". At Manipal Medical College, Malaysia.

Participation as speaker:

- Delivered a lecture on "**Climate change- A health emergency**" in International Webinar on Climate Change and Public Health held on 24th & 25th July 2021 Organized by Department of Biology and Environment Science, Seva Mahila Mahavidyalaya, Nagpur and Dr. Khatri Mahavidyalaya, Tukum, Chandrapur in Association with Jagdambha College of Engineering & Technology, Yavatmal and VMS Research Foundation, India.
- Delivered a guest lecture on "Covid and Its prevention", during "Vidhyarambham" orientation programme held by Shri Shankaracharya Professional University. 7 & 8 oct 2021
- Delivered 5 guest lectures for Postgraduate students pursuing MPH at School of Epidemiology & Public health, Datta Meghe Institute of Medical Sciences, Wardha, MH
- Delivered a guest lecture on "Data Collection", for Medical Education Unit, SSIMS, Bhilai, C.G
- Delivered lecture on various topics as Resource faculty in Revised Basic Course, SSIMS, Bhilai, C.G
- Delivered 2 lecture on of tuberculosis, in CME on NTP, SSIMS, Bhilai, C.

Researches and Publications:

Ongoing Researches

Currently working as review author in following **Cochrane** groups:

- *Folate supplementation in Sickle cell disease. (Review Published)*
- *Transcutaneous electrical nerve stimulation (TENS) for pain management in sickle cell disease'(Review Published)*
- *Vitamin B supplementation for sickle cell disease (Title registered)*

PAPERS PUBLISHED:

- **"Impact of Knowledge about Post Exposure prophylaxis among nursing students"**—A cross-sectional study: HealthlineISSN2229-337X Volume2 Issue 1 January – June2011-02-09
- **"Perception about Population and Sex education among college students of Nagpur, Maharashtra"**
Health and Population: Perspective and issues Vol 32 (4) 210 -216, 2009.
- **"Study of Hospital Waste Management in Health Facilities of the District Pauri-Garhwal (Uttarakhand)"** International Journal of Management Research and Technology **(Vol.5 No.1 2011) Pages:** 23-28.
- **"Study of Some Epidemiological Factors in Pregnancy Outcome and Declining Sex Ratio: A Hospital Based Study"** in Indian Journal of Social Development (An International Journal) **(Vol.11 No.1 2011) Pages:** 259- 267
- **"Improving patient's safety through effective electronic medical records: A study protocol"** in international journal of essential sciences. Vol.4 No. 1&2 2010 pages107-109.
- **Study of Frequency and Indications of Cesarean Section in a Tertiary Care Hospital of Garhwal-Uttarakhand, India"** in Journal of Research in Medical Education & Ethics Year: 2011, Vol: 1, Issue:2

- **"Multivariate analysis of birth weight-A hospital-based study",**
Indian journal of maternal and child health Vol 13(3),2011
- **"Injury to Ulnar Collateral Ligament of Thumb"** Orthopedic Surgery
Volume 6, Issue 1, pages 1-7, February2014
- **"Contraceptive knowledge, practices among women in Garhwal region" International Journal of Community Medicine and Public Health** Int J Community Med Public Health. 2019 Feb;6(2):793-796
- **"Women's knowledge and practice regarding primary health care services in Garhwal region of Uttarakhand"** International Journal of Community Medicine and Public Health Int J Community Med Public Health. 2019 Jan;6(1):268-272
- **"Analysis of whole blood and its components usage and wastage in a blood bank of a tertiary care center. Retrospective Descriptive Study"** International J of Scientific Research. 2020 Aug;69-70
- **"Knowledge, Attitude, and Practices of First Year Medical Students Regarding COVID-19 in Chhattisgarh: A Cross-Sectional Study"** International Journal of Health and Clinical Research, 2022;5(2):376-378 e-ISSN: 2590-3241, p-ISSN: 2590-325
- **"Assessments of factors causing stress among medical students: A cross sectional study"** International Journal of Health and Clinical Research, 2022;5(2):400-401 e-ISSN: 2590-3241, p-ISSN: 2590-325X
- **"Microbiological analysis of in-use toothbrushes and their decontamination using disinfection: a hospital-based pilot study"** Int. J. Adv. Res. September 2021.9(09), 614-620
- **"In-use toothbrushes: a potential source for infection, hospital-based pilot study"** International Journal of Current Advanced Research September 2021.Vol 10, Issue 09 (B), pp 25213-25215
- **"Undergraduate impression regarding Aetcom as learning tool."** Int. J. Adv. Res. October 2021. Int. J. Adv. Res. 9(10), 1223-1226

OUT REACH ACTIVITIES

SENSITIZATION SESSIONS CONDUCTED:

- G.H Rasoni Institute of Engineering and Technology for Women, Nagpur on **“Awareness regarding sex determination and sex ratio”**
 - Madhuritai Deshmukh Nursing College, Nagpur on **“Post exposure Prophylaxis”**
 - Madhuritai Deshmukh Nursing College, Nagpur on **“PNDT Act”**
 - **“HIV and AIDS”** in Staff College RTM, Nagpur.
 - **“Sex determination”** in Staff College RTM, Nagpur.
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FIELD PROJECTS:

- Participated as a Doctor in **Integrated Management of Neonatal and Childhood Illnesses baseline Data collection** at various sites in Amravati district for one month
- Participated as a co-coordinator in **Bangdi project** for 15days
- Intensive Pulse Polio Immunization Programme
Went twice as **WHO IPPI Activity Monitor**.

